

# FAMILY PRAYER

At Home

All Saints  
Catholic Academy Trust



**Thursday 16<sup>th</sup> May 2024**

## Pentecost

Sunday is the Feast of Pentecost. Pentecost is the completion of Easter, the birthday of the Church and of Christianity

Pentecost takes place on the 50th day after Easter Sunday. It marks the Holy Spirit descending upon Mary, and the Apostles of Jesus while they were in Jerusalem as described in the Acts of the Apostles.

Pentecost is regarded as the birth date of the Christian Church, the day when many people were baptised.

Red is the official Church colour for Pentecost, symbolising the fire of the Holy Spirit.

Pentecost is also sometimes known as Whitsunday or Whitsun.

filled with the Holy Spirit and began to speak in foreign tongues, even as the Holy Spirit prompted them to speak. (Acts 2, 1-4)



## *Reflect*

Through the Holy Spirit's descent as a mighty wind, sparking tongues of fire above them, the disciples recognised Jesus was indeed with them, baptising them with the Holy Spirit and strengthening their mission.

When Christ ascended into heaven, He went to His Father. On Pentecost Sunday He fulfils His promise of sending to His apostles and to His Church the Holy Spirit.

The feast of Pentecost is a day of thanksgiving for the foundation of the Church, it is a day of thanksgiving for the coming of the Holy Spirit.

Pentecost is a day on which we place our grateful trust in the Holy Spirit, and are thankful for inspiration and guidance.

Let us place ourselves in the hands of the Holy Spirit with complete confidence.

## *gather*



Before he left the disciples, Jesus told them, "And behold, I am with you always, until the end of time," (Matthew 28:20).

And when the days of Pentecost were drawing to a close, they were all together in one place.

Suddenly there came a sound from heaven, as of a violent wind coming, and it filled the whole house where they were sitting.

And there appeared to them parted tongues as of fire, which settled upon each of them. And they were all



## Pray

Dear Father, on this Pentecost day, let me feel the Holy Spirit wash over me, guiding me in your ways and helping me to hear your call.

Come Holy Spirit.

May the Holy Spirit strengthen me, protect me, encourage me and guide me today and all days.

Come Holy Spirit.

Dear God, help me to be mindful of the gift of the Holy Spirit in my life. In the voices of others, may I recognise your voice. In the actions of others, may I recognise your love. In moments of worry, may I feel the peace that your Spirit brings.

Come Holy Spirit.

Amen



Some art ideas you might like to try:



Prepared by Ms O'Donnell  
Executive Headteacher of St John's  
School and St John Fisher School