

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 21st March 2024

Let's Prepare

Gather together as a family, creating a calm, reflective environment. Maybe have your Lenten promises written down surrounding your palm cross.



Let's Learn

This Sunday is the start of Holy Week. It is the last week of Lent and is a time to reflect on the last week of Jesus' life and to remember the sacrifice He made for us all. It is a week of different emotions; there are times of sorrow but also periods of joy. It is the most sacred time of year and important that as we enter into the passion of Christ — his crucifixion, death and resurrection — we do so through prayer, reflection and celebration together as a family of Christ.

Let's Read

Mark 11:1-10 Jesus Comes to Jerusalem as King
As they approached Jerusalem and came to Bethphage and Bethany at the Mount of Olives, Jesus sent two of his disciples, saying to them, "Go to the village ahead of you, and just as you enter it, you will find a colt tied there, which no one has ever ridden. Untie it and bring it here. If anyone asks you, 'Why are you doing this?'" say, 'The Lord needs it and will send it back here shortly.'"

They went and found a colt outside in the street, tied at a doorway. As they untied it, some people standing there asked, "What are you doing, untying that colt?" They answered as Jesus had told them to, and the people let them go. When they brought the colt to Jesus and threw their cloaks over it, he sat on it. Many people spread their cloaks on the road, while

others spread branches they had cut in the fields. Those who went ahead and those who followed shouted,

"Hosanna!"

"Blessed is he who comes in the name of the Lord!"

"Blessed is the coming kingdom of our father David!"

"Hosanna in the highest heaven!"

Let's Reflect

On Palm Sunday, the disciples trusted Jesus and showed faith by following His instructions. They joined in with the praises and were happy to stand beside Jesus. This is an important reminder to us all that we too must remember our faith and be proud to praise Jesus. As Holy Week continues we are told the disciples turn their back on Jesus and in the Garden of Gethsemane forget the power and importance of prayer. Let us remember throughout Holy Week the importance of prayer, alone in quiet reflection but also together as a family of God.



Let's Pray

Lord, we pray that the Holy Spirit will inspire us to find ways to welcome all people. We pray for all people who are unable to meet together at this time and those who are suffering. We pray for all people who have died recently and especially for people we know and love: that they will be raised to new life with Jesus. God of love, we believe in your love – your love created the world. We believe in your love – your love sent Jesus to live with us on earth. We believe in your love – your love sent the Holy Spirit to breathe life through us.

Amen.

CAFOD have a Lenten calendar which can help you to prayer together as a family throughout Holy week - <https://cafod.org.uk/pray/lent-calendar>

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