

Greenway, Berkhamsted, Hertfordshire HP4 3LF T: 01442 385060 E: admin@stmore.herts.sch.uk

Executive Headteacher: Mrs Kathy Little

27th February, 2024

Dear Parents/Carers,

BIKEABILITY – Y5

A Level 2 including Level 1 on–road cycling course has been organised for our current Year 5 pupils. The course will run from Monday 29th April 2024 to Friday 3rd May. The course costs £25.00. If your child is in receipt of Pupil Premium the cost is £12.50. The course lasts for five days.

Duration: 5 sessions over 5 consecutive days (2hr session first day, 1hr 15 mins remaining days).

The Bikeability Level 2 (inc. Level 1) – Basic Road Course

This course aims to develop riders' skills and confidence for cycling on single-lane roads and simple junctions with mostly moderate motor traffic flows (where riders encounter vehicles with progressively greater frequency in each module), and prepares riders for cycling on more complex often busier or faster roads and junctions. Riders must have fully demonstrated Level 1 National Standard assessment criteria before they start Level 2 training.

The Bikeability Level 1 – Skills Course

This course aims to develop mastery in cycle handling in an off-road environment and prepare riders for cycling on the road. Riders must be able to cycle (i.e. pedal and glide) to participate.

All children who wish to take part must have a helmet and a bicycle which is safe and roadworthy. Please note that this is your responsibility and must be checked before the course begins. The instructors will also check the bike before the course begins. Furthermore, please ensure your child has a warm coat and gloves. If you would like to book a place on this course please complete and return the slip below to the school office by Monday 4th March , and pay via the MCAS App. The payment can be found on the left-hand side under Clubs.

We need to give numbers to the Bikeability team by Tuesday, 5th March so if you have not responded by the end of the school day on Monday, 4th March we will assume you do not wish for your child to take part.

Yours sincerely,

Miss Lally

Assistant Headteacher





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<u> BIKEABILITY – Y5</u>

My son / daughter would like to participate in the Year Five cycling course Monday, 29th April to Friday, 3rd May. I can confirm that they possess both a helmet and a roadworthy bike.

I have paid via MCAS App.....

Name of parent:.....

Signed:

Dated:....

Please return to the school office by the end of MONDAY, 4TH MARCH 2024

