

FAMILY PRAYER

At Home

All Saints
Catholic Academy Trust



Thursday 5th October 2023

October, the month of the Rosary

Gather Together

Gather together in a quiet space within your home.

If you have a set of rosary beads, get them now.

Begin by making the sign of the cross together.



October is a special month which we dedicate to the rosary. The word 'rosary' comes from the Latin meaning 'garland of roses.' It is thought that when we pray the rosary, we are offering a 'spiritual rose' to Our Lady to ask for her intercession. The rosary is considered one of the prayers most pleasing to Mary. On the 7th October, the feast of Our Lady of the Rosary is celebrated.

Scripture

Acts 1:12-14

The apostles all joined in continuous prayer with Mary, the mother of Jesus

After Jesus was taken up into heaven the apostles went back from the Mount of Olives, as it is called, to Jerusalem, a short distance away, no more than a sabbath walk; and when they reached the city they went to the upper room where they were staying; there were Peter and John, James and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus and Simon the Zealot, and Jude son of James. All these joined in continuous

prayer, together with several women, including Mary the mother of Jesus, and with his brothers.

This reading from the Acts of the Apostles reminds us of Mary's role in the life of Jesus and in the wider group of Apostles. Her dedication to her faith and prayer life even after the Ascension of her son, Jesus, reminds us that we can and should draw upon the power of prayer as part of the daily practise and pattern in our lives.

Reflect and Pray

In our busy lives, do we make time to follow the example of Mary and draw upon the power of prayer? How often do we ask for the help of Mary our mother during our day?

Let us make a special effort, this month especially, to call upon the help of Our Lady as we pray the Hail Mary and the rosary.

If you have a rosary, use it to help pray a decade together. Begin by praying an Our Father followed by 10 Hail Marys and finish by praying the Glory Be.



Amen

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