



All Saints  
Catholic Academy Trust

Dear Parents and Carers,

I am happy to share with you our first 'Prayer at Home' resource for the 2023-24 Academic year. For those of you who are not familiar with this, 'Prayer at Home' is a weekly resource, created by members of our Trust school communities, through which we aim to support all families to have at least one moment each week during which they can gather together in prayer at home.

The resources are prepared by a wide team of colleagues including headteachers, deputy headteachers, RE Leaders, Governors, members of the ASCAT team and Parish Priests. Each week a different member of the team prepares the prayer resource on a theme linked to either the liturgical year, the Sunday Gospel, an important Church feast or a significant day/ period of national/ local importance.

The resources are predominantly aimed at families with primary aged children but I know of many families who include their older children in these times of prayer also! As a dad of four children, crossing the primary and secondary age range, I know firsthand how busy family life can be. I fully appreciate that it is not always easy to find time, let alone 'quiet time' in the busyness of everyday life. I also know, first hand however, the value of finding time together, as a family, to talk, share and pray and to reaffirm that faith and prayer is an important part of your life together as a family. Therefore I encourage you to make the most of this weekly resource and to enjoy sharing these times of prayer together with your children.

My thanks to the large team of colleagues from across our school communities for freely giving of their time and talents to support our families across to Trust to be able to gather together in prayer in this way.

With prayers for you and your families,

Kind regards,



CEO