



WEEK ONE

Served Week Commencing:
• 2022: 31 October, 21 November, 12 December
• 2023: 5 January, 23 January, 20 February, 13 March

MONDAY

BBQ Dusted
Chicken with Rice
Italian Pasta Bake (Ve)
with Crusty Bread
CHILLED OPTION:
Cheese Baguette (V)

TUESDAY

Mediterranean Roll
with Potato Wedges (Ve)
Macaroni Cheese (V)
with Garlic Bread
CHILLED OPTION:
Egg Roll (V)

WEDNESDAY

Roast Chicken
with Sage and Onion Stuffing
Sausages in Yorkshire Pudding (V)
with Roast Potatoes
or Wholemeal Pasta
CHILLED OPTION:
Chicken Mayo Wrap

THURSDAY

Cottage Pie
Quorn Burger in a Bun (V)
with Diced Potatoes
CHILLED OPTION:
Ham Roll

FRIDAY

Battered Fish
Cheese and Tomato Pizza (V)
with Oven Chips or Pasta
CHILLED OPTION:
Tuna Sandwich

WEEK TWO

Served Week Commencing: • 2022: 7 November, 28 November, 19 December
• 2023: 9 January, 30 January, 27 February, 20 March

MONDAY

Pork Sausages in Gravy
with Creamed Potatoes
Cheese & Veg Pasties
with Diced Potatoes (V)
CHILLED OPTION:
Tuna Sandwich

TUESDAY

Chicken Pie
with Herby Potatoes
Mild Vegetable Curry (Ve)
with Rice
CHILLED OPTION:
Ham Roll

WEDNESDAY

Roast Beef and Yorkshire Pudding
Lentil Roast (V)
with Roast Potatoes
or Wholemeal Pasta
CHILLED OPTION:
Chicken Mayo Wrap

THURSDAY

Quorn Hot Dog (V)
Roasted Vegetable Lasagne (V)
with Garlic Bread
with Potato Wedges or Pasta
CHILLED OPTION:
Cheese Baguette (V)

FRIDAY

Crispy Coated Salmon
Cheese and Tomato Pizza (V)
with Oven Chips or Pasta
CHILLED OPTION:
Egg Roll (V)

WEEK THREE

Served Week Commencing: • 2022: 14 November, 5 December
• 2023: 16 January, 6 February, 6 March, 27 March

MONDAY

Vegballs in Homemade
Tomato Sauce (Ve) with Pasta
Cheese Pinwheel (V)
with Diced Potatoes
CHILLED OPTION:
Egg Roll (V)

TUESDAY

Mild Chicken Curry with Rice
Omelette, Grilled Tomatoes
and Baked Beans (V)
Potato Wedges
or Tricolour Pasta
CHILLED OPTION:
Ham Roll

WEDNESDAY

Roast Pork
with Sage and Onion Stuffing
Tomato Bolognese (Ve)
with Roast Potatoes
or Wholemeal Pasta
CHILLED OPTION:
Cheese Baguette (V)

THURSDAY

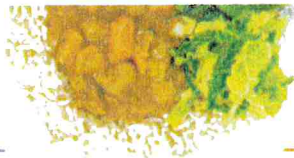
Beef Burger in a Bun
with Potato Wedges
Cheese, Potato
and Broccoli Bake (V)
CHILLED OPTION:
Chicken Mayo Wrap

FRIDAY

Fish Fillet Fingers
Cheese and Tomato Pizza (V)
with Oven Chips or Pasta
CHILLED OPTION:
Tuna Sandwich

PUPILS' CHOICE MENU

WINTER/
SPRING
2022/23



Freshly baked bread, seasonal vegetables and bowl salads are available daily • Gravy and Custard are always available separately when on the menu • All our milk is organic - fresh from the dairy (V) = Vegetarian (Ve) = Vegan

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Excellence in Education Catering

The Benefits of School Lunch

As your child's **School Lunch Provider**, HCL takes great pride in delivering tasty and nutritional meals at every lunchtime service.

There are so many **benefits** to having a cooked school lunch, such as:

- **Nutritious** meals full of **energy-fueling** ingredients, lead to a **better learning environment**.
- **Convenient** for Parents and Carers.
- At least one portion of **fruit and vegetables** in every serving.
- Confidence that **all** meals meet **nutritional** standards.

As **experts** in nutrition and catering, providing a service that parents can **trust**, with menus that prioritise your childrens' **health and well-being**, is at the forefront of our operation. We're all leading busy lives, so let our menu provide your child with a **hot, healthy and balanced meal**.



Sustainability

We take our responsibility to implement **sustainable practices** that **positively** impact our customers, communities and the health of our planet very seriously. This ethos is embedded in our values and policies and is reflected in our entire supply chain. HCL is taking multiple steps to reduce our environmental impact by:

- Proactively **educating** and **raising awareness** of how all ages can **support sustainability**.
- **Encouraging** all staff across the business to be environmentally responsible through **regular training**. Ensuring we all adhere to **environmental laws, policies and procedures**.
- Working with our suppliers to replace any **negative** environmental impacts with **positive** ones. Meeting these requirements is **mandatory** for all our suppliers.

WE'RE COMMITTED TO ACHIEVING NET ZERO BY 2030!

FRESH FRUIT AND A CHOICE OF DESSERTS ARE AVAILABLE DAILY



Social Value

Social value is important to us, demonstrated in part by our **Community Support Team** who deliver workshops in schools such as **Cookery clubs, Gardening clubs, Healthy Eating workshops and Assemblies**. All our clubs are highly inclusive, we have parents, grandparents and siblings signing up to enjoy them!



Accreditations

We're incredibly proud that we:

- Comply with **Government Food Standards**.
- Have achieved **Food For Life Silver Award** for 8 years.
- Prepare **75%** of dishes freshly from unprocessed ingredients containing no **undesirable additives or trans fats**.
- Provide the **Platinum Sugarwise** catering mark for all Primary Schools, giving you peace of mind that our menu consists of low amounts of 'free sugars'.



Recruitment

Join our catering team, working part time and term time preparing and serving delicious, nutritious school meals!

Working for HCL, we will provide you with **full training, personal development**, part time and term time only working (so you can have the holidays off to fit in with your family life), pension, on the job support and discounts that can save you **£100s** each year!

Positions are available in both Primary & Secondary Schools and our recruitment team is waiting to hear from you right now!

TO FIND OUT MORE AND APPLY FOR ANY OF OUR LATEST VACANCIES, JUST SCAN HERE



SCAN ME