

How to help young children learn at home

You can help your child to learn through the little things you do with them, for example:

- everyday conversations
- make-believe play
- games with numbers or letters
- reading together
- involving them in the things you are doing, such as household chores, and talking with them about it

You do not need to set separate time or plan complicated activities dedicated to learning. These activities can be built into everyday life and play.

You know your child best. Avoid forcing them into lengthy planned activities if they naturally respond better to a mix of shorter activities. This can stop them getting bored or frustrated and keep them active, interested and learning through things they enjoy.

Days of the week song (Addams family tune)

Days of the week (pat your legs twice), days of the week (pat your legs twice), days of the week, days of the week, days of the week (pat your legs twice),

There's Monday and there's Tuesday,
there's Wednesday and there's Thursday,
there's Friday and there's Saturday,
and then there's Sunday too.

Days of the week, days of the week, days of the week.

Phonics

Make a shopping list with either words or pictures.
Choose a sound for each day, how many times can you spot that sound, when you are out and about
Tray of rice for practicing letter formation

Maths

Find two dice. Roll the dice and count the numbers together.
Build a tower as tall as yourself, how many bricks have you used?
Do a jigsaw each day.
Collect some leaves, stones and sticks, and make some art.
Make some playdoh sweeties. Share them out with your family, how many do you have each?
Find a box and fill it with a number things and then count them
Play a board game
Sort buttons into small, medium and large
Tray of rice for practicing number formation

Literacy

Share a book with your child every day - encourage them to discuss what is in the picture, can they predict what will happen next? What do they like or dislike?

<https://hungrylittleminds.campaign.gov.uk/>

<https://www.phonicsplay.co.uk/resources>

<https://whiterosemaths.com/resources/early-years-resources/>

<https://home.oxfordowl.co.uk/>

https://www.bbc.co.uk/sounds/play/live:cbeebies_radio