



Sarah Ellis  
Potential



**natural flair**  
coaching and consultancy to  
improve personal performance

**DSPL** | Delivering Special  
Provision Locally

*Achieving quality outcomes*

**Dacorum**

## **Free Workshops for parents of children with additional needs**

**5<sup>th</sup> February 2019: Managing Anxiety 7-9pm**

With an emphasis on separation anxiety: how we recognise and respond positively through solution focused strategies

**26<sup>th</sup> February 2019: Why do they do that? 10-12 noon**

Discover what lies beneath behaviour and strategies to prevent confrontation and meltdown

**19<sup>th</sup> March 2019: Understanding the needs and experiences of siblings 7-9pm**

Practical ideas for giving siblings attention, explaining difficulties and disabilities and supporting them with their feelings

**Hobbs Hill Wood School, Peascroft Road, Hemel Hempstead HP3 8ER**

**Refreshments and resources provided**

Please note that these Workshops are only open to Dacorum parent/carers'

**Information and bookings: Ashley Fabray, DSPL Dacorum,  
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